

School Psychology at a Glance:



Psyche – the human mind or spirit



-ology – a branch of science or knowledge

Psychology – The science of the human mind and spirit



School Psychology – The science or study of the minds and spirits of those in schools.



School is a place to learn, to grow, to explore. It's a network of individuals with personal goals. Although these goals may differ widely, they are hopefully similar in the way that they motivate us to take action and to do what must be done.

A school psychologist can help you discover your motivation, assist you in establishing goals, and work with you to help remove any roadblocks that might be hindering you. If you are struggling in any area of school life, be it academics, social functioning, behavioral control, anger management, the school psychologist is one person that you can look to for help.



You can find **Mr. Decker** in the **Guidance Office**...or call him at extension **2109**.